


Senior  
CommUnity  
Care  
of North Carolina

**To:** Family and/or Caregivers  
**From:** Toni Hively, Executive Director   
Gregory Bugaj, Medical Director  
**Date:** March 9, 2020  
**Re:** Coronavirus

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I am sure by now you have been inundated with information regarding the Coronavirus and have many concerns and questions. I want to assure you that our participants' health and wellbeing are always our number one concern. At SCCNC we are taking the necessary precautions and being proactive to ensure that we are doing our part to address your concerns.

The World Health Organization (WHO) and Centers for Disease Control (CDC) recommends everyday preventative actions to help prevent the spread of respiratory diseases:

\*Wash your hands with soap and water for at least 20 seconds upon return home, after coughing and sneezing, after caring for the sick, before eating, after toileting, and after handling animals or animal waste. **Hand washing is extremely important that is your first line of defense.**

\*If you cannot wash your hands, use hand sanitizer.

**\*Avoid touching your eyes, nose, and mouth with unwashed hands.**

\*Cover your mouth and nose with a tissue (or flexed elbow) when coughing or sneezing. Throw away the tissue (just one use!) and clean your hands immediately.

\*Avoid close contact with people who are sick. The CDC believes the virus can spread within 6 feet, so keep at least that much distance between yourself and someone showing symptoms.

\*Clean and disinfect frequently touched objects and surfaces.

Please let us know if you or anyone in your family has been out of the country within the past month.

At SCCNC, we are doing the above as well as limiting visitors to the Center. Also, if your loved one is showing symptoms, please keep him or her at home and then call the Clinic at (919-425-2978). Our clinic is stocked with masks, gowns, eye protective wear and anything else we may need. We have also directed our staff to stay home if they are showing any signs or symptoms or in general, not feeling well.

If we need to take more extreme measures and close the Center or limit Home Care, we will definitely let you know as soon as possible.

Please do not hesitate to contact us if you have questions at (919-425-3000).