

SENIOR COMMUNITY CARE OF NC

SEPTEMBER 2021

NATIONAL PACE MONTH—SEPTEMBER



September is PACE Month and we will be celebrating the PACE program throughout the month. The SCCNC mission is to enhance the quality of life and independence for 55+ adults by providing services, which help them stay in their community and in their own home. The staff at SCCNC work diligently on a daily basis on behalf of our participants and are committed to the mission.

LETTER FROM THE EXECUTIVE DIRECTOR

To Our Participants, Family Members/Caregivers,

This past weekend we had two more participants and a staff member test positive for COVID-19 and all three were vaccinated. This really demonstrates the Delta variant coupled with people not wearing masks when around others are a real threat to the health and safety of you and our staff. We do daily screenings at the Center, staff wear masks and face shields/goggles, plus we follow the CDC Guidelines. In addition, we have increased the cleanings of tables and other equipment in the dayroom.

It is extremely important that if you experience any signs and symptoms or have been exposed in any way, that you notify us immediately by calling 919-425-3000 at any time. Do not wait until Monday morning as we want to make sure you are tested and there is no contact with other participants and staff, nor leave a message on the Clinic voicemail. If it is after hours, we want to know so we can contact several staff such as homecare, transportation, and other team members. We also have to call everyone that might have had **DIRECT CONTACT** with other participants or staff. We want to keep the Day Center opened and of course, we will not be increasing attendance now due to the increase of positive cases in this area. Please wear your mask at all times if you are with others or going into stores, churches, etc. In addition, if you have children and grandchildren visiting you, please wear your mask and ask them to wear it too as it is that imperative to keeping you safe and healthy.

Please remember the 3 W's: **Wear** your mask, **Wait** and keep six feet from others and **Wash** your hands. In all cases, the positive cases have been traced back to family and friends, so please do not let down your guard with people you know.

Thank you and I appreciate your assistance during this pandemic and always! If we can be of assistance to you in any way, please do not hesitate to give us a call at 919-425-3000.



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CAREGIVER SUPPORT



We are excited to report that we had our kick-off meeting to give new life to our Caregiver Support Program on August 7th. Many, many thanks to the caregivers and staff who slogged through the torrential rain and thunderstorms to attend!

Some important work was done, such as gathering information about what caregivers need and want, as well as their level of stress and how to help alleviate it. Additionally, we were able to have a certified yoga and mindfulness instructor present. The instructor led the group through some gentle chair yoga and an

amazingly relaxing mindfulness exercise. The folks who participated via zoom were also able to benefit from it.

For those of you who wanted to be there but couldn't, and for those of you who simply might not be sure if you have the time and/or energy, we will be having future meetings. The ***next tentative meeting will be held in the first week of October***. These meetings will be available through Zoom, so if being physically present is difficult, we would love to see you through Zoom!

If you have questions and/or suggestions, we would love to hear from you!! You can contact Mary Chapman at mchapman@voa.org or at 919-425-3055. We want to create this program to meet your needs, so please feel free to share them with us.

CAREGIVER SUPPORT MEETING

Our first meeting held the first Saturday of August
was a ***HUGE SUCCESS!***

We are offering ***creative and caregiver-driven support***
in the hopes of
relieving burden and enhancing quality of life.

In this way, we hope to increase our
participant's ability to stay in their community
and in ***their own residence.***

Thank you for your participation.





**RECREATION
ACTIVITIES DURING
COVID-19**

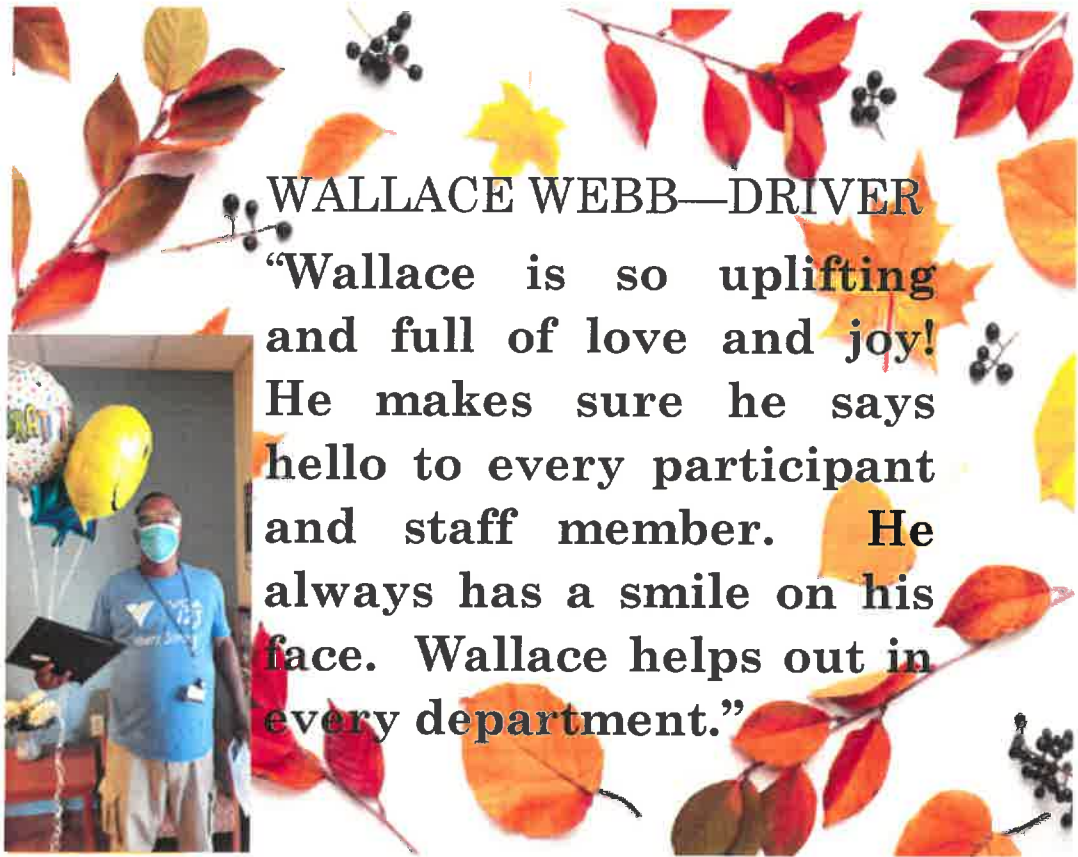
Recreation continues to call participants for "Social Chats" to provide an outlet to talk and provide leisure education on activities that can be completed at home.

Bingo takes place every Friday from 1:00pm-2:30pm via zoom.

Book Club—The Art of Racing in the Rain by Garth Stein every Wednesday at 1:30pm.

If you need Bingo cards, an activity bag with coloring, word games, mindfulness exercises, and at-home exercise programs to help ease anxiety and concerns during this pandemic, be sure to let Alex know by calling 919.425.3000.

EMPLOYEE OF THE MONTH



WALLACE WEBB—DRIVER

"Wallace is so uplifting and full of love and joy! He makes sure he says hello to every participant and staff member. He always has a smile on his face. Wallace helps out in every department."



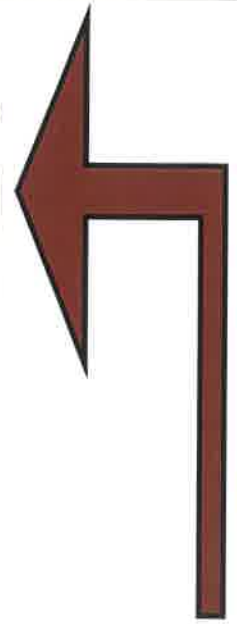
QUALITY CORNER

**RESULTS OF OUR 2021 PARTICIPANT
SATISFACTION SURVEY ARE IN!**

Significant
Increases in
Satisfaction
Rates were Seen
in the Following
Areas:

- SOCIAL WORK
- SERVICES PROVIDED BY CENTER AIDES
- MEDICAL CARE
- DIETARY

The Quality Committee and the SCCNC Leadership Team will be looking closely at the survey results to evaluate areas of opportunity to continue our goal to provide Quality Services.



VOANS
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DURHAM, NC 27703

Phone: 919.425.3000
Fax: 919.425.3001

A PROGRAM OF ALL-INCLUSIVE
CARE FOR THE ELDERLY

Postage
Information



Enrollment Team

Senior Community Care of North Carolina is actively enrolling new participants and has made necessary changes to our process in order to keep our potential participants and their families safe during this pandemic.

WWW.SENIORCOMMUNITYCARENC.ORG

Participant Bible Study & Prayer Every Tuesday **1:00pm-2:00pm**

Call In 1-929-205-6099

Meeting ID: 935 1308 5515

Book Club Every Wednesday: 1:30pm-2:00pm

Call In 1-929-205-6099

Meeting ID 975 4393 2514

Book Club: The Art of Racing in the Rain by Garth Stein

No need to purchase this book. Recreation Therapist will be reading out loud on the zoom call.

Bingo Every Friday 1:00pm-2:30pm

Call In 1-929-205-6099

Meeting ID 930 3873 7312

Call in for BINGO every Friday for a chance to win a BINGO prize. Each week our winners will be tallied. After you have 5 wins, you will receive a prize delivered by a PACE staff member.

Looking for a Room to Rent?

Do you want to share your home and living expenses?



Let your Social Worker know and we may be able to help you find a potential roommate.

From time to time we have participants in need of housing.

SCCNC cannot provide legal counseling or contract services, but we can help you make the first connection.

SCCNC is Hiring C.N.A.'s and Drivers

If you or someone you know is interested in applying, call Human Resources at (919) 425-3000

Look for us on Facebook at Senior Community Care of NC