

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Boguslawa Slawiec, LRT/CTRS: bslawiec@voa.org 919.425.3030 Lauren Fleming, LRT/CTRS: lfleming@voa.org , 919.425.3016	1 10:45 Current Events 11:15 Sing along 11:15 Walking Club 1:00 Peach Month w/ Lauren & Pam	2 10:45 Current Events 11:15 Hangman 1:00 Bible Study w/ Todd 1:00 Active games w/Boguslawa & Pam	3 10:45 Current Events 11:15 Chain reaction 1:00 Hoedown Activity	4 10:45 Current Events 11:00 Community Event: Durham Library 11:30 Rhyming cards 1:00 IN2L Arm Chair Travels	5 10:45 Current Events 11:15 Seated Exercise 1:00 Tropical Island Smoothies w/ Lauren & Pam	6
7	8 10:45 Current Events 11:15 Seated Exercise 11:15 Walking Club 1:00 Bingo Day w/ Lauren & Pam	9 10:45 Current Events 11:15 Hangman 1:00 Bible Study w/ Todd 1:00 National Rice Pudding Day w/Boguslawa & Pam	10 Center Closed	11 10:45 Current Events 11:15 Walking 1:00 Community Event: Vets 2 Vets Therapy Dogs 1:00 Under The Sea Activity	12 10:45 Current Events 11:15 Matching 1:00 Healthy Eating Series w/Dieticians	13
14	15 10:45 Current Events 11:15 Sing a long 11:15 Walking Club 1:00 Tie Dye Activity w Lauren /Pam	16 10:45 Current Events 11:15 Hangman 1:00 Bible Study w/ Todd 1:00 Creative Paper craft w/Boguslawa & Pam	17 10:45 Current Events 11:15 Chain reaction 1:00 Pool Activity w/ Lauren & Pam	18 10:45 Current Events 11:15 Walking Club 11:30 Rhyming cards 1:00 IN2L Arm Chair Travel	19 10:45 Current Events 11:15 Seated Exercise 1:00 Cooking corner: Tie Dye Waffles w/ Lauren & Pam	20
21	22 10:45 Current Events 11:15 Seated exercise 11:15 Walking Club 1:00 Spa Day	23 10:45 Current Events 11:15 Hangman 1:00 Silver Sneakers Dancer in DR 123	24 10:45 Current Events 11:15 Chain reaction 1:00 Balloon Toss	25 10:45 Current Events 11:15 Walking Club 11:30 seated exercise 1:00 Chapel Service with Todd	26 10:45 Current events 11:15 Matching 1:00 Frosted Lemonade w/ Lauren	27
28	29 10:45 Current Events 11:15 Sing along 11:15 Walking Club 1:00 August Birthday Party & Musician	30 10:45 Current Event 11:15 Hangman 1:00 Bible Study w/ Todd 1:00 Natural brushes- craft project w/Boguslawa & Pam	31 10:45 Current Events 11:15 Chain reaction 1:00 Movie Day	<h1>August 2022</h1> <p>DR 5</p> <p>All programs are subject to change based on unforeseen circumstances. Please contact Boguslawa or Lauren with any questions or concerns</p>		